

## EDUC1300 Academic Strategies (based on Learning Frameworks)

*The Teaching & Learning Center  
South Plains College*

### **Instructor:**

Victoria Huffhines, M.Ed., [vhuffhines@southplainscollege.edu](mailto:vhuffhines@southplainscollege.edu)

\*\*We will also use Remind.com text messaging. You will be given instructions in your Blackboard course. I will not respond to Remind messages after 8 or on Sundays unless there is an emergency. Questions about the homework, of technology issues do not constitute an emergency\*\*

### **Office Location/Hours:**

SPC Plainview Center, Office 101C (Inside the front office)

Office Hours M, T, W, TH 8.00 am -11:00 am, 2:00 pm -3:30 pm – By Appointment only

### **Required Materials:**

- ***Consistent and reliable access to a computer (not a cell phone) with internet access*** for daily online work related to this course. (Important news: This is a critical component of any class, especially in an online format courses like this one!)
- **College Success from OpenStax** (This is a free online textbook and it's linked in your blackboard course), ISBN: 978-1951693183, [www.openstax.org/deatils/college-success](http://www.openstax.org/deatils/college-success)
- **Microsoft Office 365** (Free to SPC students) for email, file storage, and MS Office applications: Word, Excel, PowerPoint, Outlook, OneDrive, etc. Visit <https://office.com> to sign up using your SPC login credentials. Contact the help desk for assistance logging in for the first time: 806.716.2600 or email [HelpDesk@SouthPlainsCollege.edu](mailto:HelpDesk@SouthPlainsCollege.edu)

### **Optional Materials**

- ***Change Your Brain, Change Your Grades*** by Dr. Daniel G. Amen (This book can be purchased at any major book retailer for around \$10; order now so you can start reading no later than Week 2 of the semester), ISBN: 978-1948836852
- ***On Course Ninth Edition + Mindtap Access code*** by S. Downing & J. Brennan (ISBN# 9780357096857)

\*\*This textbook + access code bundle, if bought @ the SPC Bookstore, will cost you \$88.

\*\*\*If you purchase digital access only (no printed text), the cost is \$62.50 at the SPC Bookstore.

\*\*\*\*Please be advised, Cengage now offers a program called **Cengage Unlimited**, a textbook subscription service allowing you access to as many textbooks (digital AND printed) as you need for one low price. Think Netflix for textbooks!

\$120/semester or \$180/year.

**Course Description:**

This course is designed to help you create greater success in college and in life. This is achieved by helping students explore who they are, understand where they come from, and decide where they are going. By applying the strategies of active learning, self-motivation, self-management, self-awareness, and interdependence you will create greater academic, professional, and personal success. The most important part of this course, however, is learning more about yourself. You will learn who you are as a college student and human being, and you will learn what it takes for you to keep yourself balanced and on course for success.

This course is a study of the 1) research and theory in the psychology of learning, cognition, and motivation, 2) factors that impact learning, and 3) application of learning strategies. Theoretical models of strategic learning, cognition, and motivation serve as the conceptual basis for the introduction of college-level student academic strategies. Students use assessment instruments (e.g., learning inventories) to help them identify their own strengths and weaknesses as strategic learners. Students are expected to integrate and apply the learning skills discussed across their own academic programs and become effective and efficient learners. Students developing these skills should be able to draw continually from the theoretical models they have learned. This course is recommended for all students, especially nontraditional students and students on academic probation and is required for students returning to college after academic suspension or by placement by the Admissions Committee.

**Course purpose:**

The purpose of this course is to prepare students for college and life success, equipped with knowledge, skills, strategies and tools to apply to accomplish a variety of tasks in varying contexts.

**Course location:** Plainview Center RM 124. M/W 4:00-5:15

**Course frequency & design:**

Weekly assignments/lectures/due dates TBA; Instructional methods to be used in this course will include Discussion Boards; PowerPoints; Digital Homework; Articles and other resources; and Videos.

## Student Learning Outcomes:

Learning outcomes are observable, measurable, and performed by students.

Construct a personal learning system informed by the research and theory in the science and psychology of learning, cognition, and motivation.	Students will read about how learning works, metacognition, victim/creator mindsets, the growth mindset, and complete associated homework assignments, and discussion/journal reflections. Students will identify their personal strengths and weaknesses as a strategic learner and apply their knowledge to classroom learning through discussion and journal posts. Students will demonstrate the use of learning strategies and study skills by taking notes and applying reading and study strategies and completing associated homework assignments and digital exercises. Students will learn cognitive and metacognitive strategies to increase college academic success.
Identify factors that impact learning and apply techniques and strategies to achieve personal, financial, academic, and career success.	Students will take a variety of assessments to identify and understand what motivates their learning (e.g., eLASSI, MBTI, VARK, multiple intelligences), as well as the unique ways in which they learn. Students will reflect on these measures in discussion/journal prompts, homework assignments, and the final reflection success paper. Students will also complete homework assignments relevant to financial, personal, academic, and career goals, culminating in a final reflection paper.
Develop an educational and career plan based on individual assessments and exploration of options.	Students will work throughout the semester to develop education and career plans, including setting up advising sessions, taking career assessments, planning their academic semester, conducting career research, completing relevant homework, reflecting in discussion posts, and completing a final and reflecting on the connections between career and academic goals. Additionally, students will identify and file the appropriate degree plan with proper advisement, write and prioritize short-term and long-term goals related to their time at South Plains College, and explore career options incorporating the use of related assessments and tools.
Identify and understand how soft skills are directly correlated to personal, academic, and career success.	Students will read and learn about important soft skills, including how to accept personal responsibility, discover self-motivation, master self-management, employ interdependence, gain self-awareness, and develop emotional intelligence. This will be done through homework assignments, digital exercises, discussion posts, journal reflections, and the final reflection paper.

## **Course Evaluation:**

Grades are based on the following scale:

90 to 100 = A    80 to 89 = B    70 to 79 = C    60 to 69 = D    0 to 59 = F

## **Your Grades will be based on the following percentages:**

Participation (Discussion Board participation, Journal Entries, Assignments)	60%
Student Success Assignments (Major Assignments (noted to students), Exams & Projects count twice as much as daily assignments)	40%
TOTAL	100%

**The grades you receive on your assignments, discussion board, etc. are indicators of your progress in this class. It is each student's responsibility to continually monitor academic progress on My Grades on BB.**

## **Missed or Late Assignment Policy:**

Late assignments will be accepted with a 20% deduction each day. Each weekly module will open on Monday morning @ 9 am and assignments will be due the following Sunday night @ 11:59 pm. You may work on your weekly assignments *anytime* during the 7 days it remains open and available, but the deadline is firm.

- Submit all assignments using **MS Office** software (remember, it's FREE for SPC students!) **I MUST be able to open, download, and save your assignments!** If I cannot, I will email you to submit an assignment in the correct format. After that, you will receive a 0 for any assignment submitted in a format other than Microsoft Office.
- **Should you forget to attach an assignment**, you will be reminded to do so ASAP. Failure to resubmit will result in a 0.

## **Attendance Policy:**

Students must actively attend and participate in the online environment to reach a measure of success.

**Absences/going more than one week without logging in and participating will affect your grade in this course. You may be dropped from the course with an 'X' or an 'F' if I believe the objectives of the course cannot be met due to your lack of participation and attendance.**

If you have excessive absences, I will try to contact you. If you have excessive absences and you do not respond to my attempts to contact you, you will receive an F in the course.

- Students are expected to log in frequently in order to stay up to date with assignments, due dates, and email messages.
- If a student goes 7 days (one week) without logging in to Blackboard and/or responding to attempts from the instructor to contact them, they may be dropped from the course.

### **Online Behavior/Discussion Board “Netiquette”:**

It is expected that you will use professional language, free from slang or profanity, in the discussion board. There may be times when you agree with some people or disagree with others; that is ok in a discussion! The important thing is to discuss topics in a professional, respectful manner. Also, you are expected to keep all posts related to the topic being discussed.

### **Academic Integrity:**

It is the aim of South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present assignments which he or she has not honestly performed is regarded as a serious offense. If another student has provided the work, that student is equally at fault. Offenders are liable to the consequences for cheating and plagiarism as described in the SPC catalog in sections, “Academic Integrity” and “Student Conduct.” Consequences can range from an F in the course to suspension from the college.

#### **4.1.1.2. Disabilities Statement**

Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Lubbock Centers (located at the Lubbock Downtown Center) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

#### **4.1.1.1. Diversity Statement**

In this class, the teacher will establish and support an environment that values and nurtures individual and group difference and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

#### **4.1.1.3 Non-Discrimination Statement**

South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

#### **4.1.1.4 Title IX Pregnancy Accommodations Statement**

If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To [activate](#) accommodations you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Health and Wellness Center. Once approved, notification will be sent to the student and instructors. It is the student’s responsibility to work with the instructor to arrange accommodations. Contact the Health and Wellness Center at 806-716-2529 or [email dburleson@southplainscollege.edu](mailto:dburleson@southplainscollege.edu) for assistance.

### **Tutoring Services:**

Additional information regarding this area will be made available closer to the start of the term. Tutoring Services will be offering face-to-face tutoring one-on-one appointment, one-on-one live virtual sessions with SPC tutors, as well as using services from tutor.com. For additional questions regarding Tutoring Services or scheduling, please contact Ms. Rebecca Grunder at 806-716-2538 or at rgrunder@southplainscollege.edu.

### **Library Resources:**

Access electronic resources, chat with a librarian, get help with your citation, and find short videos to help you get started with using Library services. Visit <https://southplainscollege.libguides.com/> or contact the library at Levelland (806-716-2330 or library@southplainscollege.edu) or at Reese (806-716- 4682 or referencelub@southplainscollege.edu).

### **Technology Resources:**

**Computers for Checkout** - Chromebooks are available for students to checkout. Contact the Library for additional information at Levelland (806-716-2330 or library@southplainscollege.edu) or at Reese (806-716-4682 or referencelub@southplainscollege.edu).

**Wireless Internet Hotspots for Checkout** - Wireless internet hotspots are available for checkout from the Library on the Levelland campus for students who do not have access to internet while off campus. The hotspots can be turned in either at the library in Levelland or at the Reese Center. More information is available by calling at Levelland (806-716-2330 or library@southplainscollege.edu) or at Reese (806-716- 4682 or referencelub@southplainscollege.edu).

### **Wireless Internet Access on SPC Parking Lots –**

**Levelland Campus** – parking lots all around campus, near technology center and library

**Reese Center** – Building 8 parking lot

**Lubbock Center** – West & North side of building in parking spaces closest to building

**Plainview Center** – West & South of building, parking spaces close to building

**Wireless Assistance** – If you need help with obtaining a computer or additional Wifi options please see the Student Success Assistant in the Library.