

**South Plains College  
Common Course Syllabus:  
Revised**

**Department:** Kinesiology

**Discipline:** Physical Education

**Course Number:** KINE 1108

**Course Title:** Racquetball

**Available Formats:** Conventional

**Campuses:** Levelland

**Course Description:** This course is an introduction to rules, shots and strategies for singles, doubles and cut-throat. This course develops fundamental skills and techniques of court play for beginners. Participation by skill level assures vigorous activity for cardiovascular fitness.

**Prerequisite:** None

**Credit:** 1 **Lecture:** 0 **Lab:** 2

**Textbook:** None

**Supplies:** Athletic apparel, Racquet & Protective Eyewear/Goggles and non-marking athletic shoes.

**This course partially satisfies a Core Curriculum Requirement:** No

**Core Curriculum Objectives addressed:** None

**Student Learning Outcomes & Assessment**

The students will be able to recognize the origin and history of racquetball. Daily observation

The students will be able to recognize racquetball as a lifetime activity with fitness qualities. Daily observation

The student will demonstrate knowledge of the rules of singles, cut-throat, and doubles. Observation&Exam and play strategies

The student will develop skills on shots, serves and footwork necessary for participation. Daily observation

The student will demonstrate proper use of terms, etiquette, safety, and sportsmanship. Observation & exam

**Course Evaluation:** 60% ATTENDANCE / PARTICIPATION – 60PTS

20% SKILL & ETIQUETTE – 20PTS

20% WRITTEN FINAL EXAM – 20PTS

100 % CLASS GRADE – 100PTS

A 90 – 100; B 80 – 89; C 70 – 79; D 60 – 69; F 59 – 0

**Attendance Policy:** See the South Plains College General Catalog for class attendance and excessive absences. An individual may be dropped on their 5<sup>th</sup> absence.

**806-716-2478**

**Bart Bradshaw**

Racquetball Daily Activity List  
KINE 1108  
South Plains College

Day	Daily Activity
1	Check roll, Syllabus, Discuss class, Grading and Attendance
2	Recap Day 1, Tour facility, Introduce stretches, Issue lockers
3	Stretch, laps, explain court markings and hands on rules
4	Stretch, laps, explain racquet grips, follow through and wrist action
5	Stretch, laps, serves, ball placement
6	Stretch, laps, serves, 2 on 2
7	Stretch, laps, serves, 2 on 2
8	Stretch, laps, serves, 2 on 2
9	Stretch, laps, serves, 2 on 2
10	Stretch, Laps, Singles Tournament
11	Stretch, Laps, Singles Tournament
12	Stretch, Laps, Singles Tournament
13	Stretch, Laps, Singles Tournament
14	Stretch, Laps, Singles Tournament
15	Stretch, Laps, Singles Tournament
16	Stretch, Laps, Singles Tournament
17	Stretch, Laps, Singles Tournament
18	Stretch, Laps, Singles Tournament
19	Stretch, Laps, Singles Tournament
20	Stretch, Laps, Singles Tournament
21	Stretch, Laps, Doubles Tournament
22	Stretch, Laps, Doubles Tournament
23	Stretch, Laps, Doubles Tournament
24	Stretch, Laps, Doubles Tournament
25	Stretch, Laps, Doubles Tournament
26	Stretch, Laps, Doubles Tournament
27	Stretch, Laps, Doubles Tournament
28	Stretch, Laps, Doubles Tournament
29	Play, Final Review
30	Final Exam

*[Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.*

*When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay in reporting to a class after official enrollment, absences will be attributed to the student from the first class meeting.*

*It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment.]*

**Student Code of Conduct Policy: (REQUIRED)** Any successful learning experience requires mutual respect on the part of the student and the instructor. Neither instructor nor student should be subject to others' behavior that is rude, disruptive, intimidating, aggressive, or demeaning. Student conduct that disrupts the learning process or is deemed disrespectful or threatening shall not be tolerated and may lead to disciplinary action and/or removal from class.

**Diversity Statement: (REQUIRED)** In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

**Disability Statement: (REQUIRED)** Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

**Nondiscrimination Policy: (REQUIRED)** South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

**Title IX Pregnancy Accommodations Statement (REQUIRED)** If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To [activate](#) accommodations you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact the Director of Health and Wellness at 806-716-2362 or [email cgilster@southplainscollege.edu](mailto:cgilster@southplainscollege.edu) for assistance.

**Campus Concealed Carry: (OPTIONAL)** Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations and Frequently Asked Questions, please refer to the Campus Carry page at: <http://www.southplainscollege.edu/campuscarry.php> Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.