

### Syllabus Adjustments for class

Attendance is required for class. Class attendance will be adjusted as needed to meet special circumstances encountered. Special assignments may be used in order to accommodate these special circumstances. If you are sick or have ANY symptoms of being sick please contact me via email at [bbradshaw@southplainscollege.edu](mailto:bbradshaw@southplainscollege.edu) and arrangements will be made. Please do not come to class if you are showing any symptoms of being sick. I will work with you in order to keep you up with any work you may have missed. If you are placed in the hospital for any reason please inform me of your situation using my email address or have someone inform me if you are not able to yourself and we can adjust your class work to keep you up to date.

The semester is in your control by wearing your mask, social distancing and limiting the things you do at and outside of school. In order for us to return to some kind of normal it takes everyone doing their part and being responsible for their actions. Your actions or lack of actions can change everyone's future, so please think about what you are doing and be as safe as possible.

IF WE HAVE TO CLOSE FACE TO FACE CLASSES AND GO ONLINE ONLY BE PREPARED TO COMMUNICATE THROUGH YOUR SPC EMAIL ADDRESS.....

Stay in communication with me during the semester and we will forge through this together. You will be updated as needed if conditions change for our class. Watch your SPC email address for updates and notifications.

My cell number is 806-543-9277 if you need to call me for any reason...please call between 8am and 6pm.

**South Plains College  
Common Course Syllabus:  
Revised**

**Department:** Kinesiology

**Discipline:** Physical Education

**Course Number:** KINE 1120

**Course Title:** Basketball / Volleyball

**Available Formats:** Conventional

**Campuses:** Levelland

**Course Description:** Basketball / Volleyball is an introductory course for students interested in learning to play basketball and volleyball. Topics include the basic history of the sport, rules and their interpretations, floor skills and drills, and court positioning. The course will cover each sport for half a semester.

**Prerequisite:** None

**Credit:** 1 **Lecture:** 0 **Lab:** 2

**Textbook: None**

**Supplies:** Athletic apparel and non marking athletic shoes.

**This course partially satisfies a Core Curriculum Requirement: No**

**Core Curriculum Objectives addressed: None**

**Student Learning Outcomes & Assessment**

The student will learn basic knowledge of the rules of each sport.	Written exam
The student will develop skills such as passing, dribbling, shooting, setting and spiking.	Daily observation
The student will know terms and mechanics used in each sport.	Written exam
The student will know the basics of stretching and warming up.	Daily observation
The student will know the basic care and prevention of injuries	Daily activities

**Course Evaluation:** 20% - A comprehensive written final exam  
 20% - Skill and class behavior grade  
 60% - Attendance and Participation (Each absence after the 1<sup>st</sup> counts 2 points and a non-participation counts 1 point off the attendance grade. Arriving late may count points off as well.)  
 A- 100 – 89.5  
 B- 89.4 – 79.5  
 C- 79.4 – 69.5  
 D- 69.4 – 59.5  
 F- 59.4 – 0

**Attendance Policy:** See the South Plains College General Catalog for class attendance and excessive absences. An individual may be dropped on the 5<sup>th</sup> absence.

Basketball / Volleyball Daily Activity List  
 KINE 1120  
 South Plains College

Week/Day Daily Activity

Week 1 Day 1 -Check roll, Syllabus, Discuss class, Grading and Attendance  
 Week 1 Day 2 -Recap Day 1, Tour facility, Introduce stretches, Issue lockers  
 Week 2 Day 3 -Stretch, laps, explain court markings and rules of Basketball  
 Week 2 Day 4 -Stretch, laps, explain drills, follow through and wrist action  
 Week 3 Day 5 -Stretch, laps, drills, team drills, play ½ court  
 Week 3 Day 6 -Stretch, laps, drills, team drills, play ½ court  
 Week 4 Day 7 -Stretch, laps, drills, team drills, play ½ court  
 Week 4 Day 8 -Stretch, laps, drills, play full court  
 Week 5 Day 9 -Stretch, laps, drills, play full court  
 Week 5 Day 10 -Stretch, Laps, drills, play full court  
 Week 6 Day 11 -Stretch, Laps, drills, play full court  
 Week 6 Day 12 -Stretch, Laps, drills, play full court  
 Week 7 Day 13 -Stretch, Laps, drills, play full court  
 Week 7 Day 14 -Stretch, Laps, drills, shooting contest

Week 8 Day 15-Stretch, Laps, drills, free choice – 3 on 3, Horse, 21, Tip  
 Week 8 Day 16-Stretch, Laps, drills, play full court  
 Week 9 Day 17-Stretch, Laps, explain court markings and rules of Volleyball  
 Week 9 Day 18-Stretch, Laps, drills – bump, setting  
 Week 10 Day 19-Stretch, Laps, drills – bump, setting, spikes and serving  
 Week 10 Day 20-Stretch, Laps, drills – bump, setting, spikes and serving  
 Week 11 Day 21-Stretch, Laps, drills – bump, setting, spikes and team drills  
 Week 11 Day 22-Stretch, Laps, Play (rally scoring)  
 Week 12 Day 23-Stretch, Laps, Play  
 Week 12 Day 24-Stretch, Laps, Play  
 Week 13 Day 25-Stretch, Laps, Play  
 Week 13 Day 26-Stretch, Laps, Play  
 Week 14 Day 27-Stretch, Laps, Play (traditional scoring)  
 Week 14 Day 28-Stretch, Laps, Play  
 Week 15 Day 29-Stretch, Laps, Play  
 Week 15 Day 30-Play, Final Review  
 Week 16 Day 31-Final Exam

*[Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.*

*When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay in reporting to a class after official enrollment, absences will be attributed to the student from the first class meeting.*

*It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment.]*

**Student Code of Conduct Policy: (REQUIRED)** Any successful learning experience requires mutual respect on the part of the student and the instructor. Neither instructor nor student should be subject to others' behavior that is rude, disruptive, intimidating, aggressive, or demeaning. Student conduct that disrupts the learning process or is deemed disrespectful or threatening shall not be tolerated and may lead to disciplinary action and/or removal from class.

**Diversity Statement: (REQUIRED)** In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and

perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

**Disability Statement: (REQUIRED)** Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

**Nondiscrimination Policy: (REQUIRED)** South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

**Title IX Pregnancy Accommodations Statement (REQUIRED)** If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To [activate](#) accommodations you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact the Director of Health and Wellness at 806-716-2362 or [email cgilster@southplainscollege.edu](mailto:cgilster@southplainscollege.edu) for assistance.

**Campus Concealed Carry: (OPTIONAL)** Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations and Frequently Asked Questions, please refer to the Campus Carry page at: <http://www.southplainscollege.edu/campuscarry.php> Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

If you are experiencing any of the following symptoms, please do not attend class and either seek medical attention or test for COVID-19.

- Cough, shortness of breath, difficulty breathing
- Fever or chills
- Muscles or body aches
- Vomiting or diarrhea
- New loss of taste and smell

Please also notify DeEtte Edens, BSN, RN, Associate Director of Health & Wellness, at [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu) or 806-716-2376. Proof of a positive test is required. A home test is sufficient but students must submit a photo of the positive result. The date of test must be written on the test result and an ID included in the photo. If tested elsewhere (clinic, pharmacy, etc.), please submit a copy of the doctor's note or email notification. Results may be emailed to

DeEtte Edens, BSN, RN at [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu).

A student is clear to return to class without further assessment from DeEtte Edens, BSN, RN if they have completed the 5-day isolation period, symptoms have improved, and they are without fever for 24 hours without the use of fever-reducing medication.

Students must communicate with DeEtte Edens, BSN, RN prior to their return date if still symptomatic at the end of the 5-day isolation.