

# CORONAVIRUS DISEASE (COVID-19)

## What is coronavirus disease 2019 (COVID-19)

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. Coronavirus is a large family of viruses that are common in people and many different species of animals, including camels, cattle, cats and bats.

## What can you do to prevent the spread of COVID-19?

There is currently no vaccine to prevent COVID-19. However, the Centers for Disease Control and Prevention (CDC) always recommends the following actions to help prevent the spread of respiratory diseases:



**Stay home when you are sick**



**Avoid close contact with people who are sick**



**Cover your cough or sneeze with a tissue, then throw the tissue in the trash**



**Clean and disinfect frequently touched objects and surfaces**



**Wash your hands often with soap and water for at least 20 seconds**



**Avoid touching your eyes, nose and mouth**

Face masks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. People who think they may have been exposed to COVID-19 should contact their health care provider immediately.



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